

The Nurses will get two meals during the night, one at 12.30, the second at 4.30. These will be brought from the kitchen by the servants on their way to bed, and the two Under Nurses will take turns in preparing them and washing-up afterwards.

At 5.40 the patients on first diet, and who are able to do so, will wash themselves, the Nurses bringing them basins of hot water. Breakfast for these patients will be given at six, and a few minutes before six the Head Night Nurse will go to call the Day Nurses.

From six to seven each Nurse will clear breakfast in both her Wards, washing-up in only one, and clear all Wards, the Head Nurse helping where she is most required.

At seven the Day Nurses come on duty, and the Night Nurses remain to help them for one hour, their duties for this hour have been already specified. They will leave the Wards a few minutes before eight, taking with them to the linen room any dirty linen. Their breakfast is at eight, and then, weather permitting, they must take a walk. They must be in bed and room darkened by twelve noon, and will be called by one of the Day Nurses at seven, to be down to dinner at 7.30, and into the Wards at eight.

Nurses will be on night duty for not longer than one month at a time.

On Sundays the Night Nurses will have their breakfast at 8.30, staying in the Wards till then to help the Day Nurses, who will come on duty at their usual time. Night Nurses must be in bed and room darkened by ten a.m., and will be called an hour before the time for evening service, tea being put ready for them to have before they go out. They will have supper at 8.30 and go on duty at nine. There will be no alteration in the patient's hours, except in the case of lunch, which will be given at ten instead of 9.30.

Arrangements will be made, *if possible*, with the Vicar of the parish, if not, with some other clergyman, to hold a service in the committee room from nine to ten. The Matron, those Nurses who are not going to church in the morning, and the patients who are well enough, will attend this service. Immediately upon the return to the Wards, lunch will be given, the Nurses left in charge getting everything in readiness.

Two Nurses and two Probationers will go to church every Sunday morning, they will be chosen by the head Nurses, and their turns equalised as much as possible; they will leave the Wards not later than 10.30. The Head Nurses will go to church either morning or evening, or both, as they like.

The Nurses and Probationers who were on

duty all the morning will go to church either in the afternoon or evening, time of their going being settled by the amount of work to be done, and the severity of the cases in the Hospital.

Sunday being one of the visiting days, those patients who were up in the morning must be in bed again by two.

Unless absolutely necessary, patients will not be bathed on Sundays. The patients will be settled and gas lowered at the usual time; the Day Nurses then going off duty, except two Probationers who will be left in charge till nine o'clock, when the Night Nurses come to the Wards.

Each Probationer will have two afternoons out a week, leaving the Ward at two, and getting in in time to have her tea and be in the Ward again at five. One Probationer from Ward A, and the Probationer from Ward C, will go out on the same days; the Probationer in D helping in C, as there are two more beds there than in D, and the Head Nurse of C and D spending the chief part of her time in D. The Probationers in B and D will go out on the same days, the second Probationer in A helping in B, and the Head Nurse of Ward C and D again staying in D.

The second Probationer in A will go out the remaining two days of the week. The two Head Nurses and four other Nurses, will each have one evening out a week, going out at five and returning at ten. When the Nurse of a Ward is out, the Head Nurse of the two Wards will take her place, and, unless by special arrangement, there must never be more than one Nurse absent from the Hospital each evening. Nurses and Probationers wishing to exchange times of absence may do so by mutual arrangement when convenient and after having gained permission from the Head Nurse. A Nurse going out in the afternoon may be absent from two till six, but a Probationer going out in the evening will leave at five and return not later than eight.

Supper will be kept for Nurses going to the theatre or any entertainment, but not on any ordinary occasion.

The Matron will go through the Wards at least once a day; Head Day Nurses will report all cases to her on coming off duty at night, and the Head Night Nurse on coming off in the morning. The Matron will pay the salaries of housekeeper, Nurses, Probationers, and servants. The tradesmen's bills will be paid by the housekeeper, who will receive a sum of money for the purpose; all other accounts will be settled by the Matron. Once a quarter she will lay all accounts before the Committee. All food provided will be plain, but of the best quality, and well served.

There will be enough domestic servants in the Hospital to prevent the Nurses wasting their

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